Mold in Construction



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This class does not, and cannot cover all conditions you may encounter in the real world.

YOU always have FINAL responsibility for YOUR safety.

Cost of Mold

New York City

150 families file suit against housing complex owner claiming failure to eliminate mold. 5 are wrongful death suits.

⇒ Florida

Construction defect claim against architect, CM and subs. \$11.5 million awarded

Cost of Mold

- California
 - ■\$33,000 settlement regarding roof leaks
- Texas
 - \$30 million bad faith claim against insurer over mold
 - Reduced to \$4 million
- ⇒ Ed McMahon
 - **\$**20 million against insurer and contractor
 - Settled for \$250,000

Insurance Coverage

Coverage is major issue at this time
 All insurers are trying to get exclusions

 \$1.2 billion paid out in 2001
 \$2.5 billion paid out in 2002

Insurance Information Institute

Insurance Coverage

Most important thing you can do is

report potential claims as soon as you are aware of them

Session Overview

- ⇒ Health and mold
- ⇒ Reasons for mold growth
- Prevention
- Assessment guidelines
- Remediation procedures

30 Second Seminar

Mold is everywhere

Only 3 things needed for mold growth

Mold will always be here

Can't eliminate the first two – the only option is #3 – control moisture

Mold Verses Fungus

- Fungus is one of the kingdoms (plants, animals)
- ⇒ Mold is a term of convenience
- ⇒ All mold is fungus, not all fungus is mold.
- We will use the terms interchangeably

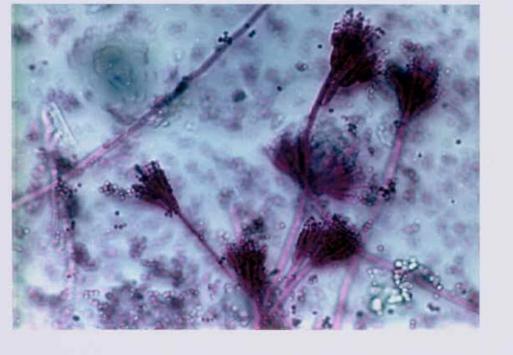
Aspergillus vulpinum (green) & Cladosporium cladosporioides (dark)



Aspergillus ustus



Penicillium Fungi



Potential mold reactions depend on: Species involved (there are 1000s of them) Metabolic products of species Duration and intensity of exposure Susceptibility of individual ⇒ Just because mold is present does not create a hazard – it is always there.

Allergic reactions – probably the most common response

Infections – rare (e.g. histoplasmosis). 95% recover naturally. Medical facilities are high risk location.

Irritation – from chemicals produced by mold.

 Mycotoxins – chemicals produced by some (not all) molds.
 Some extremely toxic – some therapeutic
 Most have little or no research on health effects
 Most human disease due to eating contaminated food or huge agricultural exposures – NOT inhalation

- Toxic Mold Stachybotrys
 - 1994 10 acute pulmonary hemosiderosis in infants in Cleveland – Stachybotrys found in houses
 - 2000 CDC study not enough evidence to conclude an association between indoor mold and childrens' condition
 - □CDC position on health effects no consensus

Texas Medical Association – Council of Scientific Affairs

No evidence that Stachybotrys causes serious health problems or aggravates existing health conditions.

Houston Chronicle 22 Sept. 2002

"Levels of exposure in the indoor environment, dose-response data in animals, and dose-rate considerations suggest that delivery by the inhalation route of a toxic dose of mycotoxins in the indoor environment is highly unlikely at best......"

American College of Occupational and Environmental Medicine October 2002

Annals of Allergy Asthma Immunology Vol. 87 Dec. 2001 p.57-63 Stachybotrys: Relevance to Human Disease Conclusions: The current public concern for adverse health effects from inhalation of stachybotrys spores in water-damaged buildings is not supported by published reports in the medical literature

Annals of Allergy Asthma Immunology
 Vol. 87 Dec. 2001 p. 52-6
 Fungi: Toxic Killers or Unavoidable Nuisances

Conclusions: The review led to the conclusion that the primary effect from fungal exposure is allergic disease, and that the evidence for inhalation disease resulting from mycotoxin exposure in residential and office settings is extremely weak.

Medical Tests

⇒Few medical tests available

- Can only document that exposure has occurred
- Can not determine source, place, time of exposure
- Mold exposure occurs naturally all the time
 both indoor and outdoor

Reasons for Mold Growth

Primary reason – moisture accumulation

 Design flaw
 Construction flaw (e.g. leaky roof, vapor barrier, installation of wet materials)
 Pipe leak, water overflow

 Growth can start within 48 hrs.

Reasons for Mold Growth

Modern buildings seem particularly susceptible – tight construction

Increase of wall board vs. metal mesh and plaster

Prevent moisture accumulation

⇒ US EPA study – 45% of office buildings surveyed had active water leaks

- Consult envelope engineer on geometrically complex buildings for water tightness
- Document any recommended changes to Architect of Record.
- If recommendation is rejected copy to owner and your file.
- Don't just "shrug and build it"

- Renovations or additions pre-existing mold survey.
- Prequalify potential subs that they have expertise in specific application
- Consult manufactures of moisture critical products:
 - Fitness for intended service
 - Confirm product's proper application
 - Provide preferred installers

- Proper sequencing of work keep interior materials away from exterior conditions
- Inspect materials at delivery
 - Pre-existing mold
 - Proper moisture content per manufacturer
- Storage
 - Dry location
 - ■Off the ground
 - Loose tarps or sheets to allow air flow

Be sure foundation is dry
Drain away
Slope away
Roof drains properly supported and braced
Sprinklers will not water the foundation
Proper insulation on chilled water pipes

Double check points where moisture may enter

- Doors
- **□**Windows
- □Flashings and caulking
- Waterproof membranes (proper lapping at joints and corners
- **Roofing systems and penetrations**
- ■Balconies and decks

Pre-arrange drying equipment
 Fans
 Dehumidifiers
 Wet-dry vacs

Dry materials as quickly as possible

⇒ If possible, ventilate wall cavity

Be sure it is safe to use equipment
 Electrical
 Ventilation

Hidden moisture during 1993 Mississippi floods.

- Pipe chases/utility tunnels
- Above drop ceilings
- Under carpeting
- ⇒ Wall cavities

HVAC system
 No internal lining – bare galvanized sheet metal
 Cooling coil drip pans
 Filters – good quality and in place
 Humidity levels – 30-50% RH

Vinyl wall covering traps water



Prevention - Drywall

 Greenboard – moisture resistant
 Wax added to gypsum and paper cover
 More resistant to moisture uptake
 Cost increase to use greenboard throughout 1 study – 0.08 – 0.6% increase

Capillary breaks or moisture barriers between gypsum and masonry materials

Double check all water lines Proper installation **Connections** leak tight Proper insulation ■ Multiple checkers for leak detection ⇒ HVAC commissioning – actual air flow tests critical

Consider interim inspections for mold issues

Architect

Envelope engineer

Mechanical engineer

Materials manufacturer's representative

New building owners must be trained on: ■ HVAC system ■ Maintenance of structure ■Water damage ■Vent moisture appliances Humidity control **Sprinkler** systems not watering building

DO NOT use outdoor fungicides for indoor situations.

QA/QC

Three steps to quality assurance
Build in strict accordance with plans and specifications
Design professionals correct flaws in plans and specs that are likely to allow intrusion
Document every step, including photos of key installations.

Toxic Mold Part 1 Dave Dolnick Constructor – Oct. 2001

"If builders and insurance companies aren't sensitive (to mold concerns) then they are provoking people to bring claims to justify their own fears" Plaintiffs often win cases with the argument that mold growth was exacerbated by the insurance company's or builder's action, but not proof that the mold made them sick. John Sweeney Miles & Stockbridge Law Firm

No generally accepted levels for mold in environment.

 1986 ACGIH proposes mold TLV
 500 CFU/M3 in office environment. Indoor/outdoor ratio should be less than 0.33.

Guidelines deleted in 1987. Lack of scientific data to support levels and difficulty in interpretation.



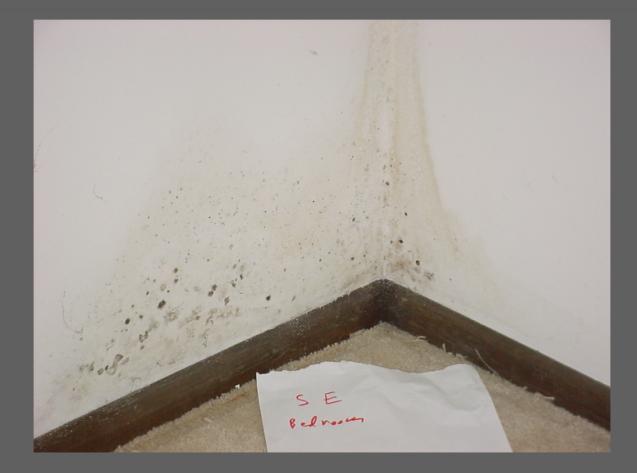
Visual inspection is the most important initial step in identifying a possible contamination problem.

Testing not required for remediation.

Lots of variables in air monitoring collection and interpretation of results.

- "Bulk or surface sampling is not required to undertake a remediation." "Air sampling for fungi should not be part of a routine assessment...." NYC Guidelines
- "If it is not possible to sample properly, it would be preferable to not sample. Inadequate sample plans may generate misleading, confusing and useless results. US EPA

- Moisture meters
- Mold growth may occur up to 1 meter past high water mark or visual mold
- ⇒ In addition look for:
 - Earthy, musty odor
 - Discolored plaster, wall board, building materials
 - Suspected water accumulation or intrusion



Assessment – Air Monitoring

Simultaneous samples collected in
 Problem area

Outdoors

Compare results

Assessment – Air Sampling

Look for higher levels indoors, or different molds – suggests amplification source
 Can not prove sources of health complaints
 Can not suggest remediation procedures
 Remember – mold is everywhere.

Assessment – Air Monitoring

- Having said all that: Situations that require it:
 - Litigation
 - Building management requires evidence that identified source is being spread
 - Building management (occupants) insist

Assessment – Air Sampling

Sampling should be done only after developing a sampling plan that includes a confirmable theory regarding suspect mold sources and routes of exposure." US EPA

Assessment – Air Sampling

⇒ What will we learn?

How and who collects and analyzes samples?

⇒ What criteria to interpret the data?

If you can see or smell mold you have a mold situation. May not be a health hazard but it must be addressed

Remediation

- To conquer mold conquer moisture problems.
- Most important action STOP THE MOISTURE.
- Don't bother doing anything until the moisture source is eliminated

Decontamination

Non-porous materials (e.g. glass, brick, plastic)

Porous materials (e.g. carpet, drywall, cloth)

EPA and OSHA do not recommend routine use of bleach or other biocide

Decontamination

⇒ Read labels

- Section Follow directions
- ⇒ Use PPE
- Don't be Mr. or Ms. Science and start mixing things.

Decontamination - Drywall

- In some situations decontaminate and encapsulate
 - Limited mold growth
 - Can access **both** sides of drywall
 - Zinc rich paints can be used to control mold
 - ShieldZ Zinzer
 - Foster 40/20 H.B. Fuller

Decontamination

Ozone generators – not recommended

⊃UV lights – not recommended

US EPA Guidelines

Level 1 – Small areas – 10 ft2 (ceiling tile)
Level 2 – Medium – 10-100 ft2 (one to several wallboard panels)
Level <u>3 – Large – over 100 ft2</u>

New York City has additional guidance for HVAC remediation

US EPA Guidelines

EPA Guidelines assume clean water damage

Get help for sewage, chemical/biological contaminated water damage

Everything is just a starting point – each job needs professional judgment

Workers and Supervisors

⇒ Level 1 – Trained building staff

Level 2-3 – "Qualified" safety professional makes cases-by-case determination

(From NYC Guidelines)

Respirators

Level 1 - N95 disposables or better

⇒ Level 2 - Full face with N100 filters

⇒ Level 3 - PAPR with N100 filters

Remember OSHA Respirator Program

Worker Protective Clothing

⇒ All levels

Impervious gloves – mid-forearm
Goggles – sealed or indirect vent only
Disposable coveralls
Hand and face washing station

Containment

- Level 1 none required
 Level 2 increasing levels as specified
 Level 3 under negative pressure similar to asbestos abatement
- All levels light water misting not soaking
- Lots of professional judgment is needed here

Waste Disposal



Rinse

Toss – check with local authorities just to be sure. Moldy material is NOT RCRA hazardous waste.

New Resources

OSHA Draft Mold Recommendations – release date unknown. VERY similar to US EPA

 AGC of America – Managing the Risk of Mold in the Construction of Buildings – March 2003
 www.agc.org

Regulatory Action

States planning or taking legislative action **Connecticut** Massachusetts ■New York **Virginia California** Maryland **I**Texas

Review

⇒ Mold will always be with us.

- Health effects may be scientifically questionable, but public perception is reality.
- ⇒ To control mold, control moisture.
- ⇒ Visual inspection is first step in assessment
- ⊃No PEL or TLV for mold.
- ⇒ EPA and NYC have remediation guidelines

Mold in Construction

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